

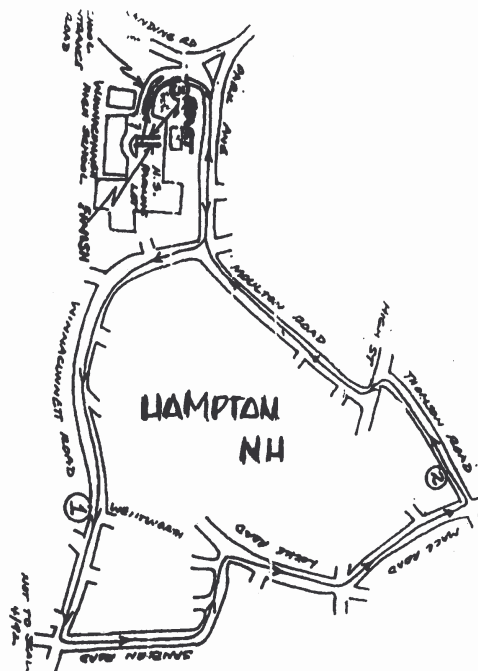


**Proud Sponsors of the Hampton
Community Challenge Race are:**

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USATF certified 5K Road Race



NH92001WN

Key Point Locations

Start- In WHS parking lot at school main entrance. Start is even with the line dividing parking slots SAU 21 and 148.

Finish- In WHS parking lot in front of main entrance . Finish line aligns with the corner of chain link fence on north side.

Mile 1- On south side of Winnacunnet Road at intersection of Wentworth. Point is 22' before pole # 513-31-608-55.

Mile 2- On SE side of Tomsen Road 8' beyond pole # 2167-10 and between houses #20 and #18.

Mile 3- On east side of high school entrance road, 58' after square metal storm drain.

Fifth Annual Hampton Community Challenge 5K Road Race And Fun Runs

**Saturday
November 6, 2004**

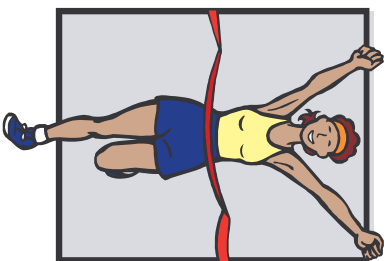


**5K: 9:30 AM
FUN RUNS: 10:15 AM**

**Starting at Winnacunnet
High School
Hampton, NH**

www.hampton.lib.nh.us/hcc5k

Fifth Annual Hampton Community Challenge 5K Road Race & Fun Runs



Join the Hampton Parks and Recreation Department and HCC in a 5K Road Race and Children's 1/4 mile and 1/2 mile Fun Runs. Join us in promoting the benefits of a healthy lifestyle while we raise funds for programs focused on local at-risk youth.

Clubs encouraged to register!
Sports teams! Organizations!
Businesses!

First 100 pre-registered 5K runners and
First 25 pre-registered Fun Runners
receive a free t-shirt.

5K: Pre-registration —\$12
(by October 29th)
Race Day—\$15
Fun Runs: 12 and under—\$5

Mail completed entry forms and check
made payable to
Hampton Recreation Department
100 Winnacumnet Road
Hampton, NH 03842

or
Call 603-926-3932 or E-mail
sadoheny@town.hampton.nh.us
for more information

CASH PRIZES • GIFT CERTIFICATES HOMEMADE APPLE PIES

Youth M/F	(14 and under)
Junior M/F	(15-18)
Open M/F	(19-29)
Sub Masters M/F	(30-39)
Masters M/F	(40-49)
Sr. Masters M/F	(50-59)
Grand Masters M/F	(60-69)
Summa Masters M/F	(70+ age graded)

(participants under 8 must run with adult)

Starting Times:
8:30 AM: Registration for 5K & Fun Runs
9:30 AM: 5K Race begins
10:15 AM: 1/4 and 1/2 mile Fun Runs

.....DETACH AND ENCLOSE WITH ENTRY FEE.....

The Hampton Community Challenge Road Race

Last Name: _____ First Name: _____
Sex: ☐ F ☐ M Age On Race Day: _____ Address: _____
City: _____ State: _____ Zip Code: _____ Home Phone: () _____

Race: ☐ 5K (\$12 Pre-entry, by Oct. 29th) ☐ 5K (\$15 Race day) ☐ Fun Run (\$5)

RACE WAIVER: I know that participating in the Hampton Community Challenge 5K Road Race is potentially hazardous. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the distance. I assume all risks associated with participating in this event including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and conditions of the road, all such risks being known and appreciate by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I for myself and anyone entitled to act on my behalf, waive and release the Hampton Recreation and Parks, The Town of Hampton, the Hampton Police, the State of NH, USATF, all sponsors, race officials and volunteers, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event though that liability may arise out of negligence or carelessness on the part of the person named in this waiver. I grant permission to all foregoing to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose. **NOTE:** Athletes who participate in this competition will be subject to formal drug testing in accordance with USATF rules and IAAF Rule 144. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future competitions. Some prescription and over-the-counter medications contain banned substances. Information regarding drugs and drug testing may be obtained by calling the USOC Hot Line at 800-233-0393.

Signature _____

Date _____

Signature of parent or guardian if under 18 _____

NO REFUNDS-THE RACE DIRECTOR RESERVES THE RIGHT TO EXCLUDE ANY ENTRY AND ISSUE SPECIAL LIMITATIONS

MAKE CHECKS PAYABLE TO: Hampton Recreation Department

PLEASE MAIL (or drop off): HAMPTON RECREATION DEPT. 100 WINNACUNNET ROAD HAMPTON, NH 03842